



YMCA of Jefferson County

Pool Schedule APR/MAY 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM	7-8:45AM Long Course Lap Swim/Walk 7:30-8:30 Deep Water Aerobics by Jon lane- change-8:45	7-8:45AM Long Course Lap Swim/Walk 7:30-8:30 Deep Water Aerobics by Jon lane- change-8:45	CLOSED	7-8:45AM Long Course Lap Swim/Walk 7:30-8:30 Deep Water Aerobics by Jon lane- change-8:45	7-8:45AM Long Course Lap Swim/Walk 7:30-8:30 Deep Water Aerobics by Jon lane- change-8:45	CLOSED
8:00 AM						
9:00 AM	8:45-10 AM Short Course Lap Swim/walk 8:50 - 9:50 Shallow Water Aerobics by Jon	8:45-10 AM Short Course Lap Swim/walk 8:50 - 9:50 Shallow Water Aerobics by Jon		8:45-10 AM Short Course Lap Swim/walk 8:50 - 9:30 Shallow Water Aerobics by Jon	8:45-10 AM Short Course Lap Swim/walk 8:50 - 9:30 Shallow Water Aerobics by Jon	
10:00 AM	10 -Noon OPEN SWIM Short Course lanes available	10 -Noon OPEN SWIM Short Course lanes available		10 -Noon OPEN SWIM Short Course lanes available	10 -Noon OPEN SWIM Short Course lanes available	
10:15 AM						
11:00 AM						
NOON						9AM-NOON OPEN SWIM short course Lanes Available
1:00 PM	1:00-3:30 OPEN SWIM Short Course lanes available	1:00-6:30 OPEN SWIM Short Course lanes available Private Lessons in shallow end (no shallow end closure)	1-3:30PM OPEN SWIM Short Course lanes available Shallow End shared with Child Enrichment Children	1:00-6:30 OPEN SWIM Short Course Lanes Available Private Lessons in shallow end (no shallow end closure)		
2:00 PM						
2:30 PM			3:30-5:30 Swim Lessons & Swim League CLOSED TO THE PUBLIC	3:30-5:30 Swim Lessons & Swim League CLOSED TO THE PUBLIC	4:45-6:30 Special Olympics (2 lanes)	
3:00 PM						
3:30 PM	POOL CLOSING AT 6:30 PM					
4:00 PM						
5:00 PM						
5:30 PM						
6:30 PM						

* POOL SCHEDULE SUBJECT TO PROGRAMMING CHANGES & POOL MAINTENANCE

