



YMCA of Jefferson County

Pool Schedule JAN 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM	Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes*		Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes*	
8:00 AM	Deep Water Aerobics by video 7:30-8:30	Deep Water Aerobics by video or Zory 7:30-8:30		Deep Water Aerobics by video or Zory 7:30-8:30	Deep Water Aerobic by video 7:30-8:30	CLOSED
9:00 AM	Short Course Lap Swim 2 Lanes 9-10:15AM Shallow Water Aerobics Vicky 9:15-10:15 am	Short Course Lap Swim 2 Lanes 9AM-Noon Shallow Water Aerobics w Nancy 9:15-10:15 am Toddler Swim 10:30-11	CLOSED	Short Course Lap Swim 2 Lanes 9AM-Noon Shallow Water Aerobics w Nancy 9:15-10:15 am Child & Parent 10:30-11 Open Swim Shallow end 11-Noon	Open Swim Shallow End 9AM- NOON Short Course Lap Swim 2 Lanes 9AM-10:15 Shallow Water Aerobics (no teacher) 4 Lanes* 10:15-Noon	
10:00 AM		Short Course Lap Swim 4 Lanes*			Short Course Lap Swim 4 Lanes*	
11:00 AM	Open Swim Shallow End 10:15-Noon	Open Swim Shallow end 11-Noon			Open Swim Shallow End 9AM NOON	
NOON			CLOSED			
1:00 PM	Salish El S.A.W 1:00-3:00	Salish El S.A.W 1:00-3:00	PUBLIC SWIM 1:00-3:00 4 Lanes* & Shallow End Open	Salish El S.A.W 1:00-3:00		CLOSED
2:00 PM	CLOSED TO THE PUBLIC	CLOSED TO THE PUBLIC		CLOSED TO THE PUBLIC		
3:00 PM	Swim Lessons & Swim League 3:00-5:30	PUBLIC SWIM 3:00-6:30	Swim Lessons & Swim League 3:00-5:30	PUBLIC SWIM 3:00-6:30		
4:00 PM	CLOSED TO THE PUBLIC	4 Lanes* & Shallow End Open	CLOSED TO THE PUBLIC	4 Lanes Open* & Shallow End Open Synchro 2 lanes 4:15-5:15		
5:00 PM	5:30-6:30 OPEN SWIM			5:30-6:30 OPEN SWIM		
6:30PM	POOL CLOSES AT 6:30 PM					

POOL SCHEDULE SUBJECT TO PROGRAMMING CHANGES & MAINTENANCE

PROGRAM START DATES

1/5/2026 Swim Lessons & Swim League

1/8/2026 Parent & Child, Toddler Swim & Synchro Swim

