



# YMCA of Jefferson County

## Pool Schedule

**June 30-September 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM	Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes*	CLOSED	Long Course Lap Swim 4 Lanes*	Long Course Lap Swim 4 Lanes*	CLOSED
8:00 AM	Deep Water Aerobic by video 7:30-8:30 am	Deep Water Aerobic by video 7:30-8:30 am		Deep Water Aerobic by video 7:30-8:30 am	Deep Water Aerobic by video 7:30-8:30 am	
9:00 AM	Short Course Lap Swim 4 Lanes* Shallow Water Aerobics Vicky 9:15-10:15 am	Short Course Lap Swim 4 Lanes* 9AM-Noon Shallow Water Aerobics w Nancy 9:15-10:15 am Parent & Child 10:30-11 Open Shallow end 11-Noon		Short Course Lap Swim 4 Lanes* 9AM-Noon Shallow Water Aerobics w Nancy 9:15-10:15 am Parent & Child 10:30-11 Open Shallow end 11-Noon	Short Course Lap Swim 4 Lanes*  Open Swim Shallow End 9AM NOON	Short Course Lap Swim 4 Lanes*  Open Swim Shallow End 9AM NOON
10:00 AM	Short Course Lap Swim 4 Lanes* Open Swim Shallow End 10:15-Noon					
11:00 AM						
NOON	CLOSED					
1:00 PM	1-6:30 Lap & Walk/Jog Lanes AVAILABLE: refer to DECK sign postings	1-6:30 Lap & Walk/Jog Lanes AVAILABLE: refer to DECK sign postings	No public swim Camp Swim 1-3 pm Salish Rescue 7/23, 7/30, 8/6, 8/13, 8/20 12:30-3:15	1-6:30 Lap & Walk/Jog Lanes AVAILABLE: refer to DECK sign postings	CLOSED	
2:00 PM	Shallow End Open Swim Shared with programming below: 8/4 Camp Water Day 1-2:30 Private Lessons 1:15-3:30 Swim Lessons 3:30-5:30	Shallow End Open Swim Shared with programming below: Private Lessons 1:15-3:30 Swim Lessons 3:30-5:30		Shallow End Open Swim Shared with programming below: Private Lessons 1:15-3:30 Swim Lessons 3:30-5:30		
3:00 PM			3:15-6:30 Short Course Lap & Walk/Jog 4 Lanes Shallow End Open Swim Shared with programming below: Swim Lessons 3:30-5:30			
4:00 PM						
5:00 PM						
6:00PM	POOL CLOSSES AT 6:30 PM					

\*4 lanes AM: 3 swim & 1 jog/walk